

Acupuncture (or Chinese Acupuncture) in Dorset

Acupuncture Therapy Description

Acupuncture as practised by members of the British Acupuncture Council (BACc). Acupuncture is a holistic approach to health based on over 2,000 years of Acupuncture development and refinement in the Far East. The Acupuncture tradition is as much about the maintenance of health as the management of disease.

Western or medical acupuncture is a more recent development practised predominantly by doctors and physiotherapists (Acupuncturists) which uses acupuncture techniques within their existing scope of practice on the basis of a western medical diagnosis.

Acupuncture Association

About the [British Acupuncture Council](#)

The British Acupuncture Council (BACc) has a membership of around 3,000 professionally qualified acupuncturists. It is the UK's largest professional body for the practice of acupuncture.

BACc members practise a traditional, holistic style of acupuncture diagnosis and treatment based on a system developed and refined over 2,000 years. To achieve BACc membership, practitioners must first undertake extensive training in traditional acupuncture (minimum three years full-time or part-time equivalent), which includes physiology, anatomy and other biomedical sciences appropriate to the practice of acupuncture in the UK.

Acupuncture Trainers in Dorset

TBD

Acupuncture in Dorset – Useful Links

[Wikipedia article](#)

Acupuncture Directories

[Acupuncture](#) at the [Open Directory Project](#)

Pricing for Acupuncture in Dorset

In Dorset pricing is an average of £52 per hour. Its usually quoted as a price for a 30 minute therapy session. The Initial session is usually more expensive as it also includes diagnosis.

Locations for Acupuncture in Dorset

Bournemouth, Poole, Christchurch

Books for Acupuncture in Dorset (Amazon)

[Acupuncture Pocket Book: Point Location \(Paperback\)](#)

[Basics of Acupuncture \(Paperback\)](#)

Advice for GP's on Acupuncture in Dorset

TBD

Advice for potential users of Acupuncture in Dorset

- Always start with your GP - regardless of which therapy you wish to practice always inform your GP. This will ensure that your total health needs are considered. Your GP will be a good source of information about the therapy.
- Know the dangers of each Therapy - a number of therapies have potential problems and you should be informed of these by your therapist.
- Seek evidence based assessments of each therapy - look for research which scientifically evaluates thru clinical trials the accuracy of any claims about cure success rates.
- Limit your treatment - make sure that you do not become a victim of therapists who try to extend treatment beyond that which is adding real benefit
- Look for a patient's charter if there is one - some surgery / clinics publish a patient's charter which explains your rights and sets your expectations.
- Check the clinics and therapists qualifications - this should be readily available. Some associations provide a tool on their websites to let you check that the therapist is actually qualified.
- Avoid therapies or clinics that purport to be panacea, a cure all - clinics that offer a range of therapies are more likely to have accepted that one therapy alone will not cure all ills.
- Therapy associations - know what to expect from them

Government and Acupuncture in Dorset

[Acupuncture statement on NICE Guideline 88 on lower back pain](#)

Related Therapies

Physiotherapy, Chiropractic, Osteopathic